

Food Menu

Start the day

Fruit Toast with Butter	2.25
Toast with Butter (brown, white, or GF: brown/white)	1.75
Freshly Baked Pastries (croissant, pain au chocolat, pain au raisin)	1.75
Jam (strawberry or raspberry) or Marmalade	60p
Marmite	50p
A Bowl of Porridge (plain or golden syrup)	1.75
Beans on Toast	2.85
Add Cheese	60p

Light Bites

Hummus and Toasted Pitta	3.00
Pitta Platter (toasted pitta, hummus, carrot, and celery)	3.25
Kids Platter (toasted pitta, hummus, carrot or cucumber, cheese chunks, and sliced grapes)	3.25
Baby Platter (toasted pitta, sliced grapes, and cucumber slices)	2.20
Cream Tea/Coffee (fruit/plain scone, jam, clotted cream and tea or americano)	3.95
Scone (plain or fruit)	1.75
Add clotted cream	90p
Add raspberry/strawberry jam or marmalade	60p

Jacket Potatoes

Jacket Potato served with a salad garnish and your choice of:

Cheese Baked Beans	4.50
Baked Beans and Cheese	5.00
Coronation Chicken (topping served cold)	
Tuna Mayonnaise (topping served cold)	

Sandwiches

Choose from white, malted brown, or GF white or brown bread. Buttered by default.

Let us know if you would like us to cut a sandwich into quarters and serve it on a children's plate. Half sandwiches available for a reduced price

Coronation Chicken	3.95
Tricolore (mozzarella, tomato and pesto)	3.95
BBC (brie, crispy grilled bacon and cranberry sauce)	3.95
BLT (bacon, lettuce & tomato) with mayonnaise	3.95
Tuna Mayonnaise & Cucumber	3.95
Hummus, pesto and salad	3.95
Free Range Egg Mayonnaise	3.55
Cheddar Cheese, Ham and Red Onion Marmalade	3.95
Cheddar Cheese and Red Onion Marmalade	3.55
Cheddar Cheese and Ham	3.55
Plain Cheddar Cheese <i>or</i> Plain Ham	2.95
Plain Half Cheddar cheese <i>or</i> Plain Ham (1 slice of bread)	2.20

Paninis & Toasties (served until 2:15pm)

Served in a ciabatta Panini, or as a Toastie: malted brown, white, or gluten free (white/brown)

Ham and Cheese Melt	4.50
Tuna Melt (pole & line caught tuna with mayonnaise and cheese)	4.50
Tricolore Melt (mozzarella, tomato and pesto)	4.50
BBC Melt (brie, bacon & cranberry sauce)	4.50
Cheese and Tomato Melt	3.95

Drinks Menu

Salads

Salad of lettuce, tomato and cucumber, dressing on the side and a topping of:	4.50
Coronation Chicken	
Tuna Mayonnaise and Olives (optional)	
Feta and Olives	

Coffee, Hot Chocolate & Chai

All our coffee is ethically sourced then roasted locally by true artisans at New Ground

	Small/Regular
Espresso	1.55 / 1.75
Americano	2.00 / 2.30
Flat White	2.60
Latté	2.50 / 2.80
Cappuccino	2.50 / 2.80
Mocha	3.35
	Regular/Large
Hot Chocolate (rainforest alliance)	2.80 / 3:00
Chai Latté (fairtrade)	2.80 / 3:00
Pot of Tea for One (see reverse for list of teas available)	2.30
Pot of Tea for Two (see reverse for list of teas available)	3.50
Add 'The Full Works' to your drink (cream and crushed maltesers)	60p
Add an extra shot of Espresso to your coffee	60p
Add syrup (choose from vanilla, caramel, hazelnut)	45p
Decaffeinated coffee available (naturally processed so no chemical baddies!)	
Sweeteners, soya milk, oat milk and skimmed milk available.	

Cold drinks

Belvoir Fruit Farms Elderflower Pressé	2.00
Belvoir Fruit Farms Raspberry Lemonade	2.00
Appletiser	2.00
San Pellegrino Sparkling Lemonade or Orange or Blood Orange	2.00
Old Jamaican Ginger Beer	1.50
Coca Cola or Diet Coke	1.50
Natural Mineral Water (still or sparkling)	1.70
Fresh Fruit Juice (orange, apple, mango. Or a mix!)	1.70
Glass of Milk (whole, skimmed, soy, oat)	1.70
Strawberry or Banana Milk with Whipped Cream (all milk options available)	2.50

Iced Drinks

Iced Latté	2.80
Iced Hot Chocolate	2.80
Iced Chai Latté	2.80
Iced Mocha	3.35
Iced Tea (Peach or Raspberry)	2.00

Add cream and syrups (additional charge) or sugar (for latté) optional

Drinks for little ones

Ribena blackcurrant	1.20
Cawston Apple and Mango	1.20
Kids Cup of Milk (whole, skimmed, soy, oat)	1.00
Kids Cup of Fruit Juice (orange, apple, mango, passionfruit. Or a mix!)	1.00
Babychino (mini cup of warm milk with a sprinkle of chocolate)	60p
Kids Strawberry or Banana Milk with Whipped Cream (milk options available)	1.50

Drinks Menu

Tea

Pot of Tea for One	2.30
Pot of Tea for Two	3.50

We've selected the best quality loose-leaf teas so you can sip to your heart's content. Every one of the teas on our menu are from small estates who are part of the ethical trade partnership (ETP) and supplied by Chantler Teas

Blends

The Barns Breakfast - *brew time 4-5 minutes*

Our own robust blend of high quality Ceylon and Indian teas. Superb and full bodied.

Decaffeinated Breakfast - *brew time 4-5 minutes*

Unlike many chemically decaffeinated teas, this is naturally decaffeinated before being processed. This high quality tea is from one of the top Ceylon estates.

Russian Caravan - *brew time 3-4 minutes*

A unique blend of china teas combined to create a smooth tea with a slightly smoky flavour. It takes its name from the camel trains that first brought tea to Europe.

Sugarloaf Silver - *brew time 1-3 minutes*

A unique and tasty combination of large leaf green tea with the fresh zing of lemongrass and a spicy touch of ginger.

Herbal

Rooibos - *brew time 3-5 minutes*

Rooibos (literally meaning red bush) is a naturally caffeine free, deep red, South African herbal tea. Refreshing yet calming with a full-bodied flavour and sweet finish.

Chocolate Caramel Rooibos - *brew time 3-4 minutes* A stunning blend of the finest rooibos with the heady scent and taste of caramel and dark chocolate. Exceptionally smooth and creamy, but still vegan!

Peppermint - *brew time 3-5 minutes*

The pure mountain air of the Appalachians makes for the finest peppermint available. It is naturally caffeine-free, highly aromatic, light and invigorating.

Camomile & Lavender - *brew time 3-5 minutes*

Lavender's subtle, relaxing aroma balances the stronger camomile to make this a calming tea.

Raspberry Fruit Basket – *brew time 5 minutes*

A pure fruit tea made with chunks of raspberries, cherries & blackberries. Sweet pieces of apple, hibiscus blossoms and rosehip peel provide a fruity foundation for the forest fruits.

Black

Earl Grey - *brew time 3-4 minutes*

A full leaf earl grey flavoured with the finest bergamot oil and uniquely decorated with delicate blue cornflower petals.

Ceylon - *brew time 4-5 minutes*

A light tea with bright and excellent flowery flavours. This one makes a great breakfast tea.

Assam - *brew time 3-4 minutes*

A high grown flowery broken orange pekoe that produces a strong and flavourful cup.

Darjeeling - *brew time 3-4 minutes*

The 'champagne of teas', Darjeeling has a toasty, muscatel flavour.

Lapsang Souchong - *brew time 3-4 minutes*

This delicate tea has a smoky flavour, which arises from naturally smoking the leaves over pine wood.

Masala Chai - *brew time 3-4 minutes*

Chai tea, literally meaning 'spiced tea' is India's favourite drink. It's a tasty blend of black tea and spices with cardamom notes peeking out from lively ginger. Perfect if you'd like a calming boost to warm the cockles!

Green

Gunpowder Green - *brew time 1 minute*

A superior green tea from china with surprising body and captivating green tea taste. It takes its name from the leaves resemblance to black gunpowder grains.

Japan Sencha - *brew time 1 minute*

Sencha is by far the most popular tea in Japan. An early-harvested green tea with a refreshing and sweet taste.

Jasmine with Flowers - *brew time 1 minute*

The scent of jasmine blossoms is blended with green tea to give a sweet, fruity and delicate flavour.

Sencha Kyoto Cherry Rose - *brew time 1 minute*

A blend of high quality sencha green tea naturally flavoured with sweet cherry and morning rose.